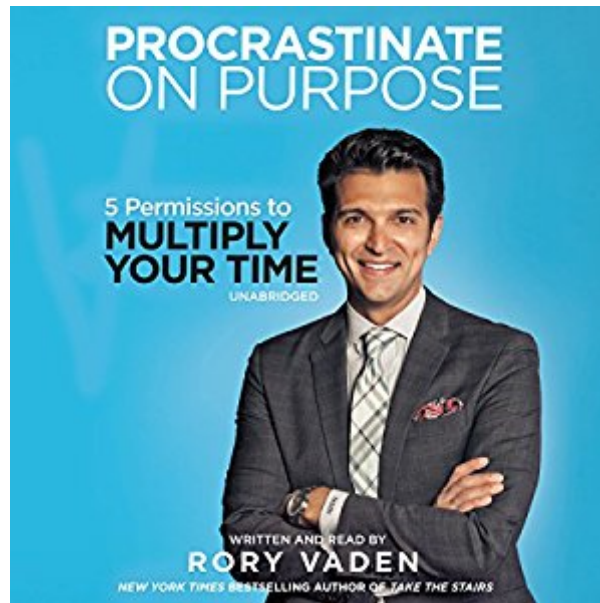




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# Procrastinate On Purpose: 5 Permissions To Multiply Your Time



## Synopsis

From the New York Times best-selling author of *Take the Stairs* - a bold new way to get things done. New York Times best-selling author and sales-performance trainer Rory Vaden brings his high-energy approach and can-do spirit to the most nagging problem in our professional lives: stalled productivity. Millions are overworked, organizationally challenged, or have a motivation issue that's holding them back. Vaden presents a simple yet powerful paradigm that will set listeners free to do their best work - on time and without stress and anxiety.

## Book Information

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## Customer Reviews

Rory Vaden is one of my favorite business authors, his *Take The Stairs* was one of the best books I read last year. That being said, once I heard that he had a new book coming out, I knew that I had to have to get it. One funny side note, his book came out at the beginning of the year, and I procrastinated ordering it for two months, pretty ironic. I think that might have been procrastinating on purpose though, so I think I'm good. The most valuable things I learned from this book was how to create a *Focus Funnel*. When you have a a problem, or need to make a decision, (1) see if you can eliminate it. Are you the right person to make the decision? (2) If you are the right person for the task, is this a task that you can automate? Are there tools out there that you can invest in that will save you time? (3) If you can automate it or eliminate it, can you delegate this task to someone else? (4) If not, is it the right timing to complete the task or make the decision? If not, then procrastinate on purpose. Set up a time at a

later date to accomplish it. Move on to the next task. (5) If it passes through all of the phases, and you can't get rid of the task, then DO it! Concentrate on that one thing, complete it, and then move on! This book definitely wasn't aimed at mere office surfs such as myself (definitely written more for experienced execs, high powered CEOs, etc.), but I was able to learn a lot from it. Automation is one thing I needed to learn about. I send similar emails 5-10 times a week, which made me realize how important stock emails can be. Having to re-write the same basic email to customers every couple of days is boring, and wastes a lot of time! Anyways, great book! I have been able to apply it quite a bit already.

For years and years, time management gurus offered the same old tired theme: work harder and more efficiently to cram more into the same 24-hour container. Then along came Stephen Covey with his "First Things First" which prescribed Principles and Priorities to avoid distractions and avoid spending disproportionate amounts of time on minor activities. That was somewhat helpful. Now, along comes Rory Vaden with a fresh and powerful paradigm that makes a REAL difference. Taking a technique from the military, Vaden explains to the reader how to "multiply his/her forces." Essentially, the strategy is to "just say 'NO.'" This book will show you just how powerful 'NO' is. But knowing when, to whom, and how to say 'NO' is vital to the success of this strategy. Vaden gives you everything you need to know to start improving the quality of your life by using this technique right now. This week.

I enjoyed the book overall and thought it was a worthwhile investment of my time and money, however, the writing style was my favorite. That being said, I thought the principles in the book were well thought out and could apply to people at any level in their career and life. It's a fairly easy read as well. If you are interested in learning about different ways to think about time management and task prioritization, I would definitely recommend the book. I have recommended to multiple friends and colleagues.

In *Procrastinate on Purpose*, Rory Vaden guides the reader through the thinking that makes people high achievers. We all get 24 hours in a day. But what we do with those hours determines the course of our life. As someone who has built and sold a business, this book nails a core concept integral to creating a successful life. You need a framework for determining what matters, what YOU must work on now. Using Vaden's "Focus Funnel" gives you that framework. If you'd like to make the next year measurably better from the prior one, I'd suggest you make an investment of this

book. Huge return on investment.

Great book I read and listened to it twice. I wish there were more concrete ways shown to multiply time...but for that we have to work hard

Excellent tips for finding ways to multiplying your existing time and stop wasting time & money. My only issue is that it was a little heavy on the product placement, but it was done in a genuine way.

Rory Vaden's book increases your strategies on how to multiply your productivity by realizing the significance of your choices. As he says, you can have only one priority at a time, the one you are doing! I appreciate the permissions funnel and how to sift through my choices and eliminate, automate, delegate, procrastinate so I can concentrate on what is significant. I highly recommend this book.

Worth your time. I could not put it down until I was finished. Thank you Rory!

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Procrastinate on Purpose: 5 Permissions to Multiply Your Time Better Than Before: What I Learned About Making and Breaking Habits--to Sleep More, Quit Sugar, Procrastinate Less, and Generally Build a Happier Life Ready, Set...PROCRASTINATE!: 23 Anti-Procrastination Tools Designed to Help You Stop Putting Things off and Start Getting Things Done Fun-Schooling Math Mysteries - Add, Subtract, Multiply, Divide: Ages 6-10 ~ Create Your Own Number Stories & Master Your Math Facts! (Fun-Schooling Math with Thinking Tree Books) (Volume 1) On Purpose: How To Discover Your Purpose Using 12 Proven Tools Purpose: How To Discover Your Purpose Using 12 Proven Tools Multiply Yourself: Increase Your Productivity & Profits Using Virtual Assistants FOREX TRADING: 2 books in 1: The Best Techniques to Multiply your Cashflow + The Advanced Guide that Will Make You the KING of Forex Trading The Advertising Solution: Influence Prospects, Multiply Sales, and Promote Your Brand The Challenger Customer: Selling to the Hidden Influencer Who Can Multiply Your Results BOOKS:MULTIPLY YOUR PERSONAL INCOME IN LESS THAN 30

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